



September 2023

School Health Nursing Team
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North Somerset
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September 2023 Intake - Reception Year

Dear Parent/Guardian,

Starting school can be both an exciting and worrying time for you and child. Your child is taking a big step and starting a new chapter of their life. We would like to take this opportunity to welcome you and your child to the School Nursing Service. The School Nursing Service provides public health services to children 5 -19 years across North Somerset, we will be here to support you and your child as they make their journey through education.

The School Nursing Team is contactable 09:00am -17:00pm Monday – Friday (all year round) on **0300 125 6798** or by emailing: nsomerset.schoolnurses@nhs.net should you wish to discuss any health concerns you may have about your child.

National Child Measurement Programme (NCMP) and Vision Screening

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme. Height and weight measurements are used to calculate weight status and are shared with parents/carers in the form of a feedback letter. We collect this information to build a picture of how children are growing across the country to help plan better health and leisure services for families. Alongside the NCMP your child will also be offered a basic vision screen. NHS guidelines recommend that all children are screened for vision in their first year at school with the aim of detecting any problems early so that your child can receive effective treatment. If your child is currently wearing glasses, they will not need to be screened.

After the October half term break you will receive further information electronically via school about the National Child Measurement Programme (NCMP) and the Vision Screen.

All parents/carers will be given the option to opt their child out from either of the programmes by completing and returning the opt-out forms to the school nursing team by a set date. If you need further support with the electronic form or if it is needed in an alternative format, please do not hesitate to contact the school nursing service.

If you would like to find out how else your School Nursing Service can support, you and your child please access www.cchp.nhs.uk or scan the QR code opposite.

If you have any queries, please do not hesitate to contact us.

Yours faithfully,

School Nursing Team



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