



# My Curriculum Map

2024/2025

|                  | TERM 1  |  | TERM 2  |  | TERM 3   |  |
|------------------|---|--|---|--|--|--|
| <b>Reception</b> | Introduction to PE : Unit 1<br>Introduction to PE : Unit 2<br>Playground games (1 lesson) | Fundamentals : Unit 1<br>Fundamentals : Unit 2<br>Playground games (1 lesson)        | Gymnastics : Unit 1<br>Gymnastics : Unit 2<br>Playground games (1 lesson) | Dance : Unit 1<br>Dance : Unit 2<br>Playground games (1 lesson)      | Ball Skills : Unit 1<br>Ball Skills : Unit 2<br>Playground games (1 lesson)<br>Forest School | Games : Unit 1<br>Games : Unit 2<br>Playground games (1 lesson)<br>Forest School |
| <b>Year 1</b>    | Fundamentals<br>Team Building<br>Playground games (1 lesson)                              | Ball Skills<br>Sending and Receiving<br>Playground games (1 lesson)                  | Gymnastics<br>Playground games (1 lesson)<br>Forest School                | Yoga<br>Target Games<br>Playground games (1 lesson)<br>Forest School | Athletics<br>Net and Wall Games<br>Playground games (1 lesson)                               | Striking and Fielding Games<br>Invasion Games<br>Playground games (1 lesson)     |
| <b>Year 2</b>    | Fundamentals<br>Playground games (1 lesson)<br>Forest School                              | Ball Skills<br>Sending and Receiving<br>Playground games (1 lesson)<br>Forest School | Gymnastics<br>Dance<br>Playground games (1 lesson)                        | Fitness<br>Target Games<br>Playground games (1 lesson)               | Athletics<br>Net and Wall Games<br>Playground games (1 lesson)                               | Striking and Fielding Games<br>Invasion Games<br>Playground games (1 lesson)     |
| <b>Year 3</b>    | Fundamentals Y3/4<br>Ball Skills Y3/4<br>Playground games (1 lesson)<br>Forest School     | Tag Rugby<br>Playground games (1 lesson)<br>Forest School                            | Handball<br>Football<br>Playground Games (1 Lesson)                       | Dance<br>Gymnastics<br>Playground Games (1 Lesson)                   | Athletics<br>Cricket<br>Playground games (1 lesson)  | Rounders<br>Tennis<br>Playground games (1 lesson)                                |
| <b>Year 4</b>    | Netball<br>Fitness<br>Playground Games (1 Lesson)   | Gymnastics<br>Playground games (1 Lesson)<br>Handball                                | Dance<br>Playground games (1 Lesson)<br>Hockey                            | Basketball<br>Yoga<br>Playground games (1 lesson)                    | Athletics<br>Playground games (1 lesson)<br>Forest School<br>Rounders                        | Playground Games (1 Lesson)<br>Forest School<br>Tennis                           |
| <b>Year 5</b>    | Badminton Y5/6<br>Playground Games (1 Lesson)<br>Tag Rugby                                | Dance<br>Handball<br>Playground Games (1 Lesson)                                     | Gymnastics<br>Playground games (1 lesson)<br>Forest School<br>Football    | Dodgeball<br>Playground games (1 lesson)<br>Forest School            | Athletics<br>Playground games (1 lesson)<br>Swimming   | Tennis<br>Playground games (1 lesson)<br>Cricket                                 |
| <b>Year 6</b>    | Fitness<br>Tag Rugby<br>Playground games (1 lesson)                                       | Netball<br>Dodgeball<br>Playground games (1 lesson)                                  | Dance<br>Basketball<br>Playground games (1 lesson)                        | Gymnastics<br>Handball<br>Playground games (1 lesson)                | Athletics<br>Playground games (1 lesson)<br>Cricket  | Football<br>Playground games (1 lesson)<br>Swimming                              |