



# My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 1
	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)
Year 1	Fundamentals	Ball Skills	Gymnastics	Yoga	Athletics	Striking and Fielding Games
	Team Building	Sending and Receiving	Playground games (1 lesson)	Target Games	Net and Wall Games	Invasion Games
	Playground games (1 lesson)	Playground games (1 lesson)	Forest School	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)
Year 2	Fundamentals	Ball Skills	Gymnastics	Fitness	Athletics	Striking and Fielding Games
	Playground games (1 lesson)	Sending and Receiving	Dance	Target Games	Net and Wall Games	Invasion Games
	Forest School	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)
Year 3	Fundamentals Y3/4	Rugby	Handball	Dance	Athletics	Rounders
	Ball Skills Y3/4	Playground games (1 lesson)	Football	Gymnastics	Cricket	Tennis
	Playground games (1 lesson)	Forest School	Playground Games (1 Lesson)	Playground Games (1 Lesson)	Playground games (1 lesson)	Playground games (1 lesson)
Year 4	Netball	Hockey	Swimming	Basketball	Athletics	Playground Games (1 Lesson)
	Fitness	Gymnastics	Dance	Yoga	Playground games (1 lesson)	Forest School
	Playground Games (1 Lesson)	Playground games (1 Lesson)	Playground games (1 Lesson)	Playground games (1 lesson)	Forest School	Dodgeball
Year 5	Hockey	Rugby	Gymnastics	Dodgeball	Athletics	Rounders
	Playground Games (1 Lesson)	Playground Games (1 Lesson)	Playground games (1 lesson)	Handball	Cricket	Tennis
	Badminton Y5/6	Dance	Forest School	Playground games (1 lesson)	Playground games (1 lesson)	Playground games (1 lesson)
Year 6	Fitness	Netball	Dance	Gymnastics	Athletics	Playground games (1 lesson)
	Rugby	Playground games (1 lesson)	Basketball	Playground games (1 lesson)	Playground games (1 lesson)	Cricket
	Playground games (1 lesson)	Dodgeball	Playground games (1 lesson)	Hockey	Football	Swimming