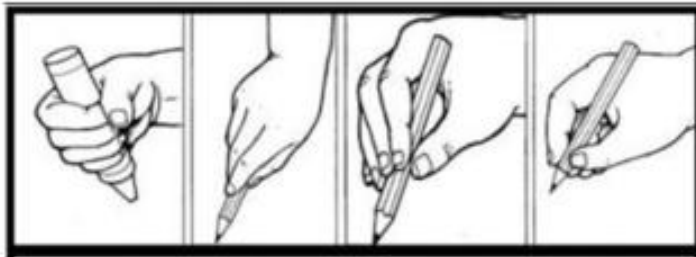


# Pencil Grip and Posture for Writing

## Pencil Grips

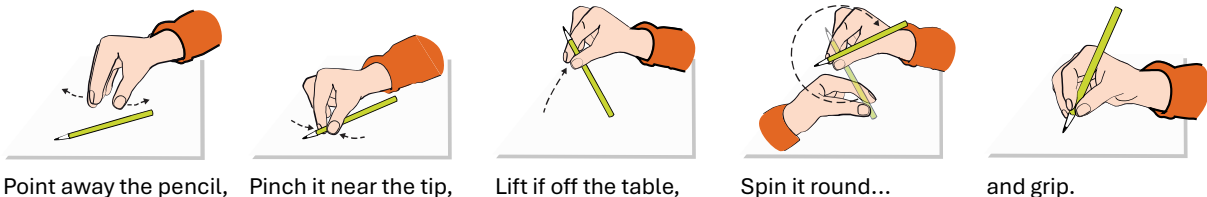
Staff are aware of the different pencil grips of the children that they work with. Gross and fine motor skills are incorporated into lessons and discrete interventions for pupils who are not yet using the tripod grip.



## The Tripod Pencil Grip

Both right and left-handed children should be encouraged to use the tripod grip which allows the pen/pencil to be held securely whilst allowing controlled movements of the pen/pencil nib. We use the Tripod Grip Rhyme:

### Right-handed pencil grip

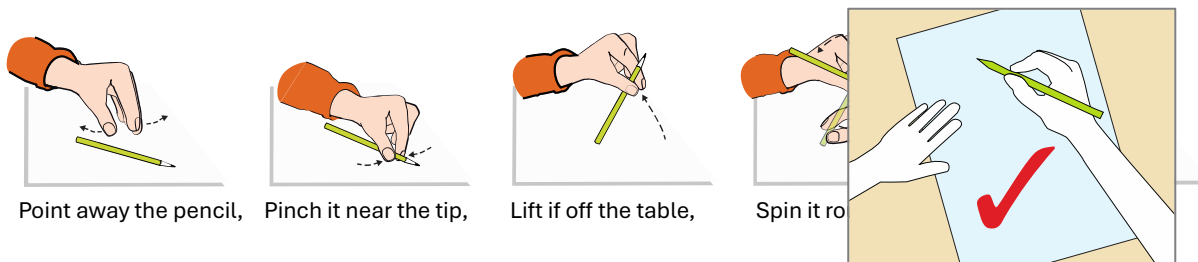


Point away the pencil, Pinch it near the tip, Lift it off the table, Spin it round... and grip.

Pupils should be taught to sit

correctly at a table, holding a pencil comfortably and correctly.

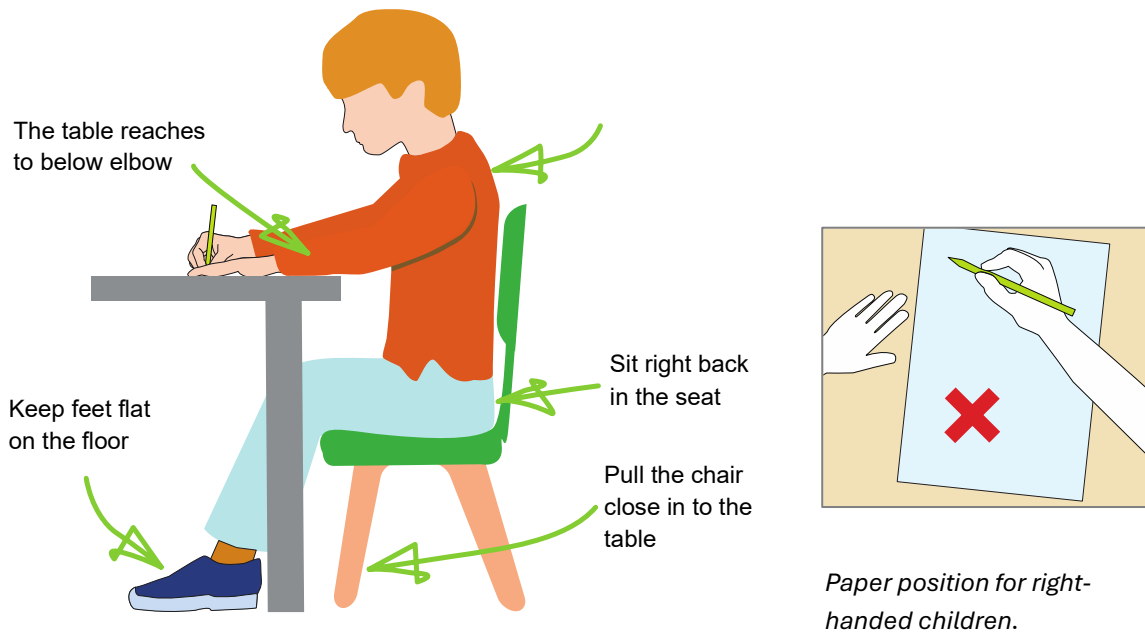
### Left-handed pencil grip



Point away the pencil, Pinch it near the tip, Lift it off the table, Spin it ro

## Sitting position

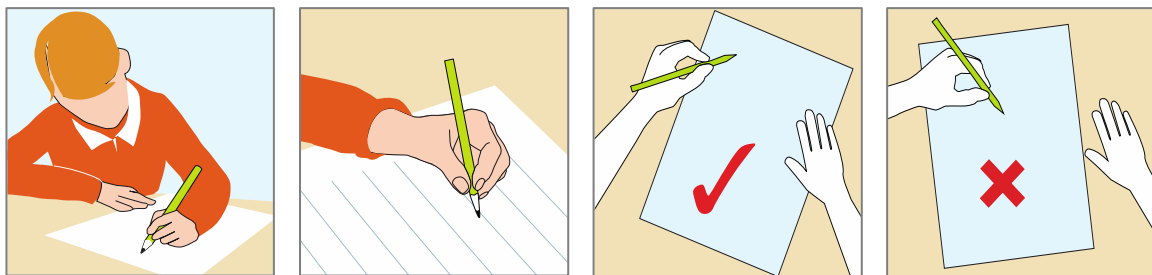
Sit with a straight back, not leaning over the page



## Left-handed children

Left-handed children may find it difficult to follow the movements of right-handed teachers as they model letter formation (and vice versa). Teachers should demonstrate to left-handers on an individual or group basis.

- Left-handed pupils should sit to the left of a right-handed child so that they are not competing for space.
- Pupils should position the paper/book to their left side and slanted, as shown.
- Pencils should not be held too close to the point as this can interrupt pupils' line of vision.
- Extra practice with left-to-right exercises may be necessary before pupils write left-to-right automatically.



*Paper position for left-handed children.*