



## The Whiteoak Academies of Hannah More Infants & Grove Juniors

*Growing and learning together, aspiring to excellence.*

### Sex and Relationship Education Policy

#### **RATIONALE**

Sex and Relationship Education (SRE) centres upon learning about the importance of positive human relationships including the qualities and values of family life. It involves children in learning about themselves and others as members of the male or female sex. SRE is 'lifelong learning about physical, moral and emotional development.' (Sex and Relationship Guidance DfEE 2000)

In the Federation of Hannah More Infant and Grove Junior School SRE is embedded within the PSHE framework from Year 1 to 6. SRE also makes links with the aspects of the curriculum for science in relation to life processes. Our aim is to help our pupils learn to respect themselves and others and move with confidence from childhood, through adolescence in preparation for adulthood.

Staff are aware that views around SRE related issues are varied. However, while personal views are respected, all SRE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect others that may have different opinions.

#### **WE AIM TO:**

- Encourage a positive self-image and personal attitude.
- Support the physical, moral and emotional development of the pupils.
- Provide SRE that is sensitive to the needs of the children.
- Promote the importance of loving, caring and happy relationships.
- Develop an acceptable, age appropriate vocabulary for communication about their bodies, to use at home and school.
- Prepare pupils for the physical, social and emotional changes as they grow.
- Promote an ethos that allows openness of questioning.
- Develop skills to help children protect themselves against unwanted sexual experience.
- Present clear information about human growth and reproduction appropriate to age and development.

#### **GUIDELINES**

In **Foundation Stage** and **Key Stage 1** pupils learn about the similarities and differences between themselves and others and to understand that everyone is special and unique. They learn to identify and talk about their feelings and understand the skills needed for positive relationships. Pupils start to recognise safe and unsafe situations.

In **Key Stage 2** pupils learn to express further their opinions about relationships and to listen to and respect the views and beliefs of others. They learn the values of self-respect and the importance of their own and others' well-being. Pupils learn about life processes and the physical changes that take place as they approach puberty. They learn why these changes happen and how to manage them.

In summary:

- Pupils learn the importance of respect, trust and sensitivity in creating positive relationships.
- Pupils are taught the differences between male and female.
- Pupils are taught about physical changes as they grow.
- Pupils are taught to care for themselves and have respect for their own and others' feelings, rights and bodies.
- Pupils learn about sexuality in the context of parenthood and caring family relationships.

Additional context:

- Children's questions are answered sensitively and with due regard to their age and development. Teachers should feel confident to research an answer, should they need to, before responding to children. If a teacher feels it cannot be answered, it will be referred to parents/guardians.
- Parents are fully informed about the content of the Sex and Relationship Education Policy and have the right to withdraw their child from all or part of the Sex Education Programme other than those elements which are required by the Science National Curriculum.
- The local health authority advises us about the suitability of teaching materials and the teaching of sex education as appropriate.

**Conclusion:**

Through sex and relationship education we will emphasise the importance of caring and responsible relationships and respect for oneself and others. Pupils will be aware of both the physical and emotional changes they will experience as they grow up and well prepared to manage these.

\*\*SRE is 'lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity.' (Sex and Relationship Guidance DfEE 2000)

\*\*SRE is learning about the emotional, social and physical aspects of growing up, relationships and sexuality. It should equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships." (Sex Education Forum 2010)

Links with other policies: PSHE; Science; Equal Opportunities Policies; Safeguarding and Child Protection; Behaviour and Anti Bullying.

**Date approved by Governing Body- 3<sup>rd</sup> December 2018**

**Date to be reviewed by the Governing Body – December 2021**

## **ORGANISATION (Within PSHE / Science Curriculum)**

Intended learning outcomes for each Year group:

### **FS and Key Stage 1**

- I can talk about my feelings
- I can talk about changes as I grow
- I can talk about changes in life cycles
- I can notice similarities and differences
- I know rules about how to stay safe (including the Golden Rules)

### **Key Stage 2**

#### **Year 3**

- I know what a life cycle is.
- I know some of the differences between male and female and can reflect on differences other than physical ones.
- I understand that a baby grows inside its mother's womb and that both the male and female sex parts are needed to make a baby.
- I can reflect on my own development since birth.
- I understand that we change and grow, as do all living things.
- I understand that we are all special.

#### **Year 4**

- I understand some of the physical and emotional changes that happen during puberty.
- I know that there are some changes over which I have no control.
- I know that there are choices I can make about changes over which I do have control.

#### **Year 5**

- I understand what a life cycle is.
- I can explain how babies are made.
- I have a better understanding about relationships, including friendships, parent-child and family relationships and adult sexual relationships.
- I can explain how a baby develops in the womb during pregnancy and how babies are born.
- I understand some of the needs of a baby before and after birth.

#### **Year 6**

- I understand some of the physical and emotional changes that happen during puberty.
- I know that there are some changes over which I have no control.
- I understand the physical and emotional changes that take place as girls and boys go through puberty.
- I understand the concerns and worries that young men and women may have.
- I have considered how sex is presented in the media.
- I know what sexual stereotyping is.
- I understand that changing emotions are a normal part of puberty.

## **RESOURCES**

Key Stage 2: All About Us: Living and Growing (C4) DVD and accompanying resources. (Having viewed the BBC 'Growing Up' DVD it was felt the C4 DVD is more appropriate and child friendly) Parents will be given the opportunity to see the DVD upon request.  
Possible Visitors: Parents/Carers, babies, school nurse.